

PSALMS SCAVENGER HUNT

Each day, enjoy reading the psalm. Then search for the answer and try the activity below.

1 Psalm 1

Find: What two contrasts appear in this psalm?

Activity: Write one way you can "delight in the law of the Lord" today.

2 Psalm 8

Find: According to this psalm, what is mankind's place in creation?

Activity: Spend 5 minutes outside observing nature and reflecting on God's creation.

3 Psalm 19

Find: What two ways does God reveal himself in this psalm?

Activity: Journal about one aspect of God's creation that reveals his glory to you.

4 Psalm 23

Find: In this psalm, what are three ways God shepherds us?

Activity: Reflect on how God has been your shepherd in the past week.

5 Psalm 27

Find: What does David say about his source of strength and confidence?

Activity: Memorize Psalm 27:1 and recite it when you feel afraid today.

6 Psalm 32

Find: What is the main theme of this psalm?

Activity: Pray a prayer of confession. Then reflect on the joy of being forgiven.

7 Psalm 34

Find: Who does the Lord hear?

Activity: Share with someone a testimony of how God has been good to you.

8 Psalm 37

Find: According to this psalm, what 4 things can you do instead of worrying?

Activity: Choose one action from Psalm 37 to focus on today.

9 Psalm 42

Find: What imagery does the psalmist use to describe his longing for God?

Activity: Write down one way you can draw closer to God when you feel distant.

10 Psalm 46

Find: How does this psalm describe God's protection during times of trouble?

Activity: Spend 5 minutes in silence, meditating on the phrase "Be still and know that I am God."

15 Psalm 84

Find: What does the psalmist say about people who dwell in God's house?

Activity: Write down one way you can cultivate a heart of worship today.

14 Psalm 73

Find: What does the psalmist realize after feeling envious of the wicked?

Activity: Reflect on a time you needed God's strength and how he provided it.

13 Psalm 65

Find: How does this psalm describe God's abundant provision?

Activity: Write down three things you're thankful that God has provided.

12 Psalm 63

Find: In this psalm, what does David say he will do?

Activity: Sing or listen to your favorite hymn or worship song.

11 Psalm 51

Find: In David's prayer of repentance, what are three things he asks of God?

Activity: Write your own prayer of repentance to God.

16 Psalm 91

Find: According to this psalm, what are some ways God protects his people?

Activity: Pray for God's protection over yourself or someone you know.

17 Psalm 100

Find: What instructions does this psalm give for worshipping God?

Activity: Create a gratitude list. Then thank God for each item.

18 Psalm 101

Find: What actions and attitudes can we follow from this psalm?

Activity: Take time today to bless the Lord by recalling his goodness in your life.

19 Psalm 111

Find: What does the psalmist say is the beginning of wisdom?

Activity: Think of times in the Bible when God saved his people.

20 Psalm 121

Find: What does this psalm promise about God's care for you?

Activity: Reflect on how God has "kept" you in difficult times. Then share that with someone.

24 Psalm 150

Find: What instruments and ways of praising God does this psalm mention?

Activity: End the scavenger hunt by creating your own joyful praise to God. Worship in whatever way feels natural to you—sing, dance or play an instrument.

23 Psalm 146

Find: Based on this psalm, who are some people God takes care of?

Activity: Start your day with a song of praise to God.

22 Psalm 139

Find: What does this psalm say about God's knowledge of you?

Activity: Pray, thanking God for knowing you and your life intimately.

21 Psalm 136

Find: What does this psalm promise about God's care for you?

Activity: Reflect on one specific way God has shown you his enduring love.